

2019 年第六届亚足联医学大会

-正式会议议程（中英文对照.19 年 1 月 21 日版）

DAY 1 | Wednesday, 6 March 2019

2019 年 3 月 6 日周三 正式会议第一天

Grand Crystal Ballroom 水晶厅					
07:30	Registration 报道				
08:45	Opening Ceremony				
09:30	<p>Chairs: Gurcharan Singh Hu Yuelin</p> <p>Keynote 专题演讲 1: Evolution of Sports Medicine - The Challenging Horizon! 运动医学的发展 - 新的挑战 Michel D'Hooghe (Belgium/比利时)</p>				
10:00	<p>Keynote 专题演讲 2: Sudden Cardiac Arrest - Who is Responsible? 心脏骤停 - 谁之过? Efraim Kramer (South Africa/南非)</p>				
10:30	<p>Chairs: Luo Anmin P. Chantrapitak</p> <p>Lecture 讲座 1: ACL Reconstruction: Surgical Technique and current research 前十字韧带重建术: 外科技术和当前研究 Ao Ying Fang (China PR/中国)</p>				
11:00	Coffee / Tea Break				
Crystal Ballroom 水晶厅 1	Crystal Ballroom 水晶厅 2	Crystal Ballroom 水晶厅 3			
<p>Symposium 专题报告 1 The Hamstring 腿筋 Chairs: Shane Burn / Luo Anmin</p>	<p>Symposium 专题报告 2 Fitness & Conditioning 健身与调理 Chairs: Farrah Hani Imran/ Wang Qirong</p>	<p>Symposium 专题报告 3 Pain / Sports Science 疼痛/运动科学 Chairs: Halim Mokhtar / Jing Bin Zhou</p>			
11:30	Hamstring Injury in Football 足球中的腿筋损伤 Michel D'Hooghe (Belgium/比利时)	11:30	Return to Play Decision 恢复比赛的决定 Jan Ekstrand (Sweden/瑞典)	11:30	Pain Control - medications, new technique etc. 疼痛控制- 药物, 新技术等 Michiko Dohi (Japan/日本)
11:50	Hamstring injury assessment & criterion based on RTP 基于 RTP 的 腘绳肌损伤评估准则 Rod Whiteley (Australia/澳大利亚)	11:50	Implementation of injury prevention - 11+ program 实施伤害预防- 11+计划 Mark Fulcher (New Zealand/新西兰)	11:50	Medical Support for Elite Athletes - Chinese Experience 为优秀运动员 提供医疗支持-中国经验 Zhan Hui (China PR/中国)
12:10	Hamstring injury assessment & criterion based on RTP 腿筋受伤:关于 管理和恢复比赛的指导 Nicol Van Dyk (South Africa/南非)	12:10	Fitness and Conditioning in Football 足球中的健身与调理 Magni Mohr (Faroe Islands/法罗群岛)	12:10	What team physician did not learn in Medical School 队医在医学院 没学过的东西 Mourad Ghrairi (Tunisia/突尼斯)
12:30	Hamstring injuries: Guidance on management & return to play 跟腱病:从基础研究 到临床应用 Patrick Yung Shu-Hang (Hong Kong/香港)	12:30	Ramadhan & Performance 斋月与表现 Yacine Zerguini (Algeria/阿尔及利亚)	12:30	Evidence based sports medicine 循证运动医学 Paul Dijkstra (South Africa/南非)
12:50	Predicting Hamstring Injuries in Football 预测足球中的腿筋受伤 Fadi Ma'ayah	12:50	FIFA 11+ for Health 国际足联 11+健康计划	12:50	Sports Groin Pain Assessment, Management and Criterion based RTP 基于 RTP 的运动腹股沟

	(Australia/澳大利亚)		Paisal Chantarapitak (Thailand/泰国)		疼痛评估、管理与规范 Andreas Serner (Denmark/丹麦)
13:10	Lunch Break/Poster Presentations 午餐和壁报展示				

Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Symposium 专题报告 4 Emergency Medicine 紧急医疗 Chairs: Yoon Yung Sul Rachvind Sra		Symposium 专题报告 5 Youth & injury 青少年和伤病 Chairs: Manil Fernando Yahia Almahameh		Symposium 专题报告 6 Traumatology 1 创伤学 Chairs: George Law / Kyaw Thant Zin	
14:00	Acute concussion - an ethical confusion 急性脑震荡-道德混乱 Efraim Kramer (South Africa/南非)	14:00	ACL Injuries in young football players 年轻足球运动员前十字韧带损伤 Magnus Forssblad (Sweden/瑞典)	14:00	The diagnosis of lateral ligament injury of ankle. 踝关节外侧韧带损伤的诊断 Liqi 李棋 (China PR/中国)
14:20	Emergency Medical Management at the Pitch 球场的紧急医疗管理 Celeste Geertsema (New Zealand/新西兰)	14:20	Cellular Therapy in Orthopaedics 骨科细胞治疗 Saw Khay Yong (Malaysia/马来西亚)	14:20	Lateral Meniscus Posterior Root Repair with Anterior Cruciate Ligament Reconstruction Better Restores Knee Stability 前交叉韧带重建时修复外侧半月板根性损伤更利于恢复膝关节稳定性 Tangxin 唐新 (China PR/中国)
14:40	Creating a SCA prevention campaign in your member Association (talking about NZ experiences - getting something done with a limited budget) 在成员协会中创建 SCA 预防活动 (分享新西兰经验) Mark Fulcher (New Zealand/新西兰)	14:40	Common Injuries in Youth Footballers 青年足球运动员伤 Shane Brun (Australia/澳大利亚)	14:40	Discussion on bone grafting method of complex femoral condyle fracture 复杂股骨髁骨折植骨方式探讨 Yanghaosen 杨浩森 (China PR/中国)
15:00	Concussion – recognition & management 脑震荡-识别和管理 George Chiampas (USA/美国)	15:00	Developing physical fitness for injury prevention: what, why and when? 为预防伤病进行的身体训练: 是什么, 为什么以及何时? George Nassis (Greece/希腊)	15:00	Diagnosis and treatment of footballer's ankle 足球踝的诊断和防治 Wu Zhaoke 吴昭克 (China PR/中国)
15:20	Spinal Immobilisation Update - evidence based current care recommendation 脊柱固定更新-基于证据的当前护理建议 Efraim Kramer (South Africa/南非)	15:20	Stem Cell Therapies: The new frontier 间充质干细胞治疗骨关节炎和再生医学 Michael Kenihan (Australia/澳大利亚)	15:20	Achilles Tendinopathy: from basic study to clinical application 跟腱病: 从基础研究到临床应用 Tang Kanglai (China PR/中国)
15:40	Break 茶歇				

Qingyang Hall 青羊厅		Jiangjiang Hall 锦江厅	
Free Paper 自由交流 1 Applied Sciences Fitness & Conditioning 应用科学/健身与调理		Free Paper 自由交流 2 MSK Traumatology MSK / 创伤学	

Chairs: Tohid Barghi / Kiran Kumar		Chairs: Mohd Zaidi / Nurhafizah	
14:00	Compare three recovery methods on blood lactate concentration level after exhaustion train in male futsal players 比较三种恢复方法对男子五人制足球运动员强度训练后血乳酸浓度的影响 Gholam Reza Jahani Ghaeh Ghashlagh (Islamic Republic of Iran/伊朗)	14:00	AFC under 16 women's championship qualifiers round one Injury Survey 胫骨前疝，罕见的临床表现：案例报告及文献回顾 Bahar Hassanmirzaei (Islamic Republic of Iran/伊朗)
14:10	Correlation between thigh muscle inter-limb strength asymmetry with change of direction and sprint in U17 elite high school soccer players U17 优秀高中足球运动员大腿肌肉间力量不对称与运动方向变化及短跑成绩的相关性研究 Yao Tianqi (China PR/中国)	14:10	Playing football on artificial turf as a risk factor for fifth metatarsal stress fracture 在人造草坪踢足球是一个危险因素-第五跖骨应力骨折 Masashi Nagao (Japan/日本)
14:20	Research Skills for Team Physicians & HCPs 队医和 HCPs 的研究技能 Farrah-Hani Imran (Malaysia/马来西亚)	14:20	Evaluating outcomes of the short length semitendinosus tendon autograft of anterior cruciate ligament reconstruction: A minimum of 2 years follow-up 评价前交叉肌短半腱肌腱自体移植的疗效 Hui Huang (Japan/日本)
14:30	Women Football; It's Glamour and Popularity 女子足球，魅力和流行 Prince Olayiwola Olalekan Ajadi (Nigeria/尼日利亚)	14:30	Clinical efficacy of common physical therapy for external humeral epicondylitis 肱骨外上髁炎常见物理治疗的虚构 Lv Ting (China PR/中国)
14:40	A survey on recognition and clinical experience of transgender football players among sports physicians 对运动医生关于跨性别足球运动员的认知与临床经验的调查 Aya Sadamasu (Japan/日本)	14:40	Duodenal rupture after direct abdominal trauma in football: a case report and review of the diagnostic procedure 足球腹部直接创伤后十二指肠破裂 1 例报告并复习诊断方法 Farinaz Fahimipour (Islamic Republic of Iran/伊朗)
14:50	Obesity in Children & Football Intervention 儿童肥胖与足球比赛 Halim Bin Mokhtar (Malaysia/马来西亚)	14:50	Greater lost of horizontal force after repeated sprint in footballers with a previous hamstring injury. 由于之前的腿筋受伤，球员在反复冲刺后水平力量的损失更大。 Fadi Ma'ayah (Australia/澳大利亚)

Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Lecture 讲座 2 Chairs: Gurcharan Singh Rachvind Sra		Lecture 讲座 3 Chairs: Michiko Dohi Emily Merzo		Lecture 讲座 4 Chairs: Alfred Khoury Jehad Ebrahim	
16:00	MSK injuries (UEFA) MSK 伤害 (欧足联) Jan Ekstrand (Sweden/瑞典)	16:00	FIFA/UEFA Strategy in Fight against doping in Football 国际足联/欧足联对抗足球兴奋剂的策略 Marc Vouillamoz (Switzerland/瑞士) Alexis Weber (Switzerland/瑞士)	16:00	An investigation of early return to sports after ACL reconstruction with synthetic ligament in athletes at least 10 years, my experience and technic 前十字韧带重建之后，早期恢复运动 10 年以上运动员的调查，我的经验和技 术 Chen Shiyi (China PR/中国)
16:30	*** End of the Day Session*** 正式会议第一天议程结束				
19:30	Gala Dinner & 2 nd AFC Medical Awards 2019 官方晚宴/2019 年第二届亚足联医学颁奖盛典				

Grand Crystal Ballroom 水晶厅	
08:00	Registration 报道
09:00	Chairs: Shane Brun Gurcharan Singh Keynote 专题演讲 3: Why screening tests to predict injury do not work - but prevention programs do! 为什么预测伤害的筛检测不起作用, 而预防方案却起作用! Roald Bahr (Norway/挪威)
09:30	Chairs: Yacine Zerguini / Rachvind Sra Lecture 讲座 5: Screening of Athletes – What is appropriate? 运动员筛选-什么是适当的? Christian Schmied (Switzerland/瑞士)
10:00	Chairs: Nicol van Dyk / Celeste Geertsema Lecture 讲座 6: Return to play after ACL reconstruction: What are the criteria & evidence? 前十字韧带重建后恢复比赛: 标准和证据是什么? Patrick Yung (Hong Kong/香港)
10:30	Break

Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Symposium 专题报告 7 The Ankle 脚踝 Chairs: Alfred Khoury Hu Yuelin		Symposium 专题报告 8 Injury Prevention /PCMA 伤害预防 / PCMA Chairs: Michiko Dohi Nguyen Van Phu		Symposium 专题报告 9 Traumatology 2 创伤学 2 Chairs: Saleh Alharthi / Trevor Law	
11:00	Ankle Injuries in Football, Fifth Metatarsal Fractures in Football 足球中踝关节受伤, 足球中第五跖骨骨折 Pieter D'Hooghe (Belgium/比利时)	11:00	Pre-Competitive Cardiac Assessment - what's important! 赛前心脏评估-重点是什么! Christian Schmied (Switzerland/瑞士)	11:00	Extrinsic Risk factors in sports 运动中的外在危险因素 Jaspal Sandhu (India/印度)
11:20	Prevention and rehabilitation of ankle sprain 踝关节扭伤的防治与康复 Gou Bo 苟波 (China PR/中国)	11:20	Pre-Competitive Cardiac Assessment in African Football 非洲足球的赛前心脏评估 Cyril Mayoupa (Gabon/加蓬)	11:20	Sports Groin Pain: Assessment, Management & Criterion based on RTP 运动腹股沟痛: 基于 RTP 的评估、管理与规范 Zarko Vuckovic (Serbia/塞尔维亚)
11:40	When should we use syndesmosis screw in ankle fractures 踝关节骨折什么时候使用联合螺钉 Wang Manyi (China PR/中国)	11:40	Outcomes of Cardiac Screening in football Players in china 中国足球运动员临床病例: 中国运动心脏学 XU Shunlin (China PR/中国)	1140	Integration of ATI in the treatment algorithm of tendinopathy and tendon injury ATI 在肌腱损伤治疗中的应用 Arjun Rao (Australia/澳大利亚)
12:00	A new arthroscopic Brostrom procedure for chronic lateral ankle instability 关节镜下踝关节外侧韧带解剖修复 Xu Halin (China PR/中国)	12:00	Age Determination in U-17 African Football 非洲足球运动员的年龄决定 Yacine Zerguini (Algeria/阿尔及利亚)	1200	"Application of arthroscopic OATS in the treatment of osteochondral defects" 关节镜下 OATS 在骨软骨缺损治疗中的应用 Zhang Lie (China PR/中国)
12:20	Current advances in Arthroscopic Foot & Ankle sprain in Footballers 足球运动员关节镜下踝关节扭伤的研究进展 Samuel KK Ling (Hong Kong/香港)	12:20	Age determination in Asia 亚洲的年龄决定 Rachvind Singh (Malaysia/马来西亚)	1220	Anterior shoulder instability; where are we now 前肩不稳定; 现在的情况如何 Jiang Chunyan (China PR/中国)

12:40	Ankle arthroscopy in Football Injuries 踝关节镜在足球损伤中的应用 Arumugam S (India/印度)	12:40	The application of musculoskeletal ultrasonography in sports injury 创伤性肩关节周围炎的超声诊断与治疗 Ren Kai (China PR/中国)	1240	The Role of a New Clinical Classification for Knee Dislocation and Multiple Ligament Injuries and Associated Treatment Protocol 足球运动员肩关节脱位和疼痛 Liu Yujie (China PR/中国)
13:00	Lunch Break/Poster Presentations 午餐与壁报展示				

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Symposium 专题报告 10 Cell Therapy / Biologicals 细胞疗法/生物制剂 Chairs: Arjun Rao Arya Roy		Symposium 专题报告 11 Environment & Performance 环境和表现 Chairs: Yacine Zerguini Mourad Ghrairi		Symposium 专题报告 12 The Knee 膝盖 Chairs: Manil Fernando/ Lal Ekanayake	
14:00	Stem Cell Therapies in Sports Medicine: Facts and Fiction 运动医学中的干细胞疗法: 事实和幻想 Minghao Zheng (Australia/澳大利亚)	14:00	Heat Illness & Heat Stroke 热疾病和中暑 George Chiampas (USA/美国)	1400	International ACL Registries – How & Why? 国际 ACL 注册中心-如何和为什么? Magnus Forssblad (Sweden/瑞典)
14:20	HTO with Chondrogenesis HTO 与软骨形成 Saw Khay Yong (Malaysia/马来西亚)	14:20	Air Pollution & Performance 空气污染与性能 George John (India/印度)	1420	The pendulum after ACL reconstruction for football players RTP: safe or early? 足球运动员 ACL 重建后的摆锤: 安全还是早期? Jingbin Zhou (China PR/中国)
14:40	Cartilage injury treated by autologous bone marrow mesenchymal stem cell transplantation 自体骨髓间充质干细胞移植治疗软骨损伤 Jiang Qing (China PR/中国)	14:40	Heatstroke prevention + treatment inside the Football Stadium 球场内防中暑+治疗 Efraim Kramer (South Africa/南非)	1440	Application of Artificial Ligament in Professional Athletes 人工韧带在职业运动员中的应用 Yang Liu (China PR/中国)
15:00	Injection Therapies for sports injuries: facts or fictions 运动损伤的注射疗法: 事实或幻想 Patrick Yung Shu-Hang (Hong Kong/香港)	15:00	Environmental Effects on Athlete Training and Performance 环境对运动员训练和成绩的影响 Taylor Lee (United Kingdom/英国)	1500	The lateral compartment of the knee in Professional football player: is it an end-career or end-season 职业足球运动员膝盖的外侧隔间: 是事业的结束还是赛季的结束 Alfred Khoury (Lebanon/黎巴嫩)
15:20	Impact of PRP isolation methods on clinical evidence PRP 分离方法对临床证据的影响 Minghao Zheng (Australia/澳大利亚)	15:20	Football ecosystem in India/印度 - solving the puzzle. 印度的足球生态系统——解开谜团 Arumugam S. (India/印度)	1520	"Precision of tunnel positioning using three-portal technique in anterior cruciate ligament reconstruction" 三门户技术在前交叉韧带重建中的隧道定位精度 Liu Ning (China PR/中国)
Qingyang Hall			Jiangjiang Hall 锦江厅		
Free Paper 自由交流 4 MSK / Prevention & Rehabilitation			Free Paper 自由交流 5 Traumatology		

MSK/预防和康复 Chairs: Halim Mokhtar / Sarban Singh		创伤学 Chair: Abdelmajed Al Bannai / Sonam	
1400	Cardiac findings in echocardiography and electro-cardiography evaluation during the pre-competition 赛前心脏超声心动图和心电图检查结果评估 Bahar Hassanmirzaei (IR Iran/伊朗)	14:00	Treatment of tibial anterior intercondylar eminence fracture with arthroscopic multi-spot suture fixation. 关节镜下缝线多点固定治疗膝关节 前交叉韧带胫骨止点撕脱骨折 Liujinbiao (刘金标) (China PR/中国)
1410	Effect of core stabilization training combined with electroacupuncture on chronic low back pain 核心稳定训练配合电针治疗慢性腰痛的疗效观察 Lian-hongqiang Zhang-lirong Jin (China PR/中国)	14:10	Classification and treatment of hip bounce 髌关节弹响的分型及治疗 Chengang 陈刚 (China PR/中国)
1420	Prevention of anterior cruciate ligament injury in male soccer players 预防男性足球运动员前交叉韧带损伤 Xi Rui (China PR/中国)	14:20	SIRT1, response to mechanical loading regulates the development of Tendinopathy in rats SIRT1, 对机械负荷的反应调节大鼠肌腱病变的发展 Xiaorui Zhang (China PR/中国)
1430	Epidemiology of Injuries among UAE/阿联酋 Women's National Team season 2017 -2018 阿联酋女子国家队 2017 - 2018 赛季伤病流行病学 Reema Alhosani (UAE/阿联酋)	14:30	Orodental traumas; the new guidelines, approaches and recommendations; A literature review. Orodental 创伤; 新指引、方法及建议; 一个文献综述 Soheil Salari (Islamic Republic of Iran/伊朗)
14:40	Incidence of Football and Futsal Injuries During Malaysia/马来西亚 n Games 2018 2018 年马来西亚奥运会期间足球和五人制足球受伤事件 Ahmad Hazwan bin Ahmad Shushami (Malaysia/马来西亚)	14:40	ACL proximal tear in futsal player 五人制足球运动员前交叉韧带近端撕裂 Farinaz Fahimipour (Islamic Republic of Iran/伊朗)
14:50	Systematic evaluation and Meta-analysis of the preventive effect of FIFA 11 and 11+ on football injury 国际足联 11 和 11+对足球损伤预防效果的系统评价和 Meta 分析 Zhang Yongpeng (China PR/中国)	14:50	

1540	Break
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Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Lecture 讲座 7: Performance in Extreme Conditions 极端条件下的表现 Chairs: R. Alhosani S. Varghese		Lecture 讲座 8: ACL Injuries 前十字韧带损伤 Chairs: Michiko Dohi / Yahia Maharmeh		Lecture 讲座 9: Role of TCM in Sports 中医在体育中的作用 Chairs: Lou Anmin Miao Xin	
16:00	Performance in Extreme Conditions 极端条件下的表现 Magni Mohr (Faroe Islands/法罗群岛)	16:00	Return to sports after ACL injuries 前十字韧带受伤后恢复运动 Magnus Forssblad (Sweden/瑞典)	16:00	TCM sports medicine in china 中国的中医运动医学 Zhang Shiming (China PR/中国)

Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Symposium 专题报告 13: Traditional Therapies in Sports 传统运动疗法 Chair: Wang Qirong Yin Yuhua		Symposium 专题报告 14: Applied Science 应用科学 Chairs: M. Fernando Kim Kwang Joon		Free Paper 自由交流 3 Sports Science / Performance 体育科学/表现 Chairs: Alireza Shahab Lao Chi Leong	

16:30	Using of TCM techniques in football injury 中医技术在足球损伤中的应用 Wang Yu (China PR/中国)	16:30	The Effect of Spinal Biomechanics on performance in football 脊柱生物力学对足球运动成绩的影响 George John (India/印度)	16:30	The 2018 Women's Athlete Business Network Programme 2018年女子运动员商业网络项目 Farrah-Hani Imran (Malaysia/马来西亚)
16:45	Combined application strategy of traditional Chinese medicine treatment and POLICE principle for supination-eversion sprain of ankle and foot 急性足踝旋后外旋位扭伤的中医特色治疗、POLICE原则的结合运用策略 Lu Huaimin 路怀民 (China PR/中国)	16:50	Artificial Intelligence in Sports Biomechanics: New dawn or false hope? 运动生物技术中的人工智能:新的曙光还是虚假的希望? Nichelle Gainey (USA/美国)	16:40	Comparison of Coconut Water and a Carbohydrate Electrolyte Sports Drink on its Ability to Enhance Physical Performance in Elite Athletes 椰汁与卡式水合物电解质运动饮料对提高优秀运动员体能表现能力的比较 Malini A/P Kerpaiah (Malaysia/马来西亚)
17:00	Clinical observation of 23 cases of patellar softening treated by warm acupuncture combined with rehabilitation training 中西医结合康复治疗对前交叉韧带重建术后膝关节功能的疗效研究 Fanjiang 范江 (China PR/中国)	17:10	Load, recovery and injury in Australia/Australia n teams playing in the Asian Champions League. 参加亚洲冠军联赛的澳大利亚队的负荷,恢复和受伤。 Rod Duffield (Australia/澳大利亚)	16:50	Mental and Social Benefits of Sports Participation in Africa 非洲体育参与的精神和社会效益 Dominic Uzodimma Ikwuagwu (Nigeria/尼日利亚)
17:15	Curative Effect Observation of Fu's Subcutaneous Needling Kinesitherapy on Pes Anserine Bursitis 浮针运动疗法对鹅足滑囊炎康复的疗效观察 Wang Weicheng 王伟成 (China PR/中国)	17:30	Coordination Training for Lower Limbs Sports Injuries 下肢运动损伤的协调训练 Miao Xin (China PR/中国)	17:00	Studying of prediction power of common preseason medical assessment and functional tests with the rate severity of injuries in elite Iranian football players 伊朗优秀足球运动员赛季前常见体检和功能测试伤情严重程度预测能力的研究 Alireza Shahab (Islamic Republic of Iran/伊朗)
17:30	The Effect of Integrative Chinese Western Rehabilitation on Knee Proprioception Recovery after ACL Reconstruction 中西医结合康复治疗对ACL重建后膝关节本体感觉恢复的影响 Lei Mingming (China PR/中国)	17:30		17:10	

Qingyang Hall

Jiangjiang Hall 锦江厅

Free Paper 自由交流 4
MSK / Prevention & Rehabilitation

Free Paper 自由交流 5
Traumatology

MSK/预防和康复 Chairs: Bader Aqel Randolph Molo		创伤学 Chairs: Mohamad Hayum Sonam	
1630	<p>Application of Surface Electromyography Signal in Athlete's Thigh Muscle Strain Rehabilitation Assessment</p> <p>表面肌电图信号在运动员大腿肌肉劳损康复评估中的应用</p> <p>Li Wei (China PR/中国)</p>	1630	<p>The Construction of Football-related Injury Prevention System (FIPS) for Campus Football in China</p> <p>我国高校足球相关伤害预防体系的构建</p> <p>Jiao Wei (China PR/中国)</p>
1640	<p>Injury epidemiology and impact of injuries in the Hyundai A-League.</p> <p>现代 A 联赛中的损伤流行病学和损伤的影响。现代 A 联赛中的损伤流行病学和损伤的影响</p> <p>Donna Lu (Australia/澳大利亚)</p>	1640	<p>Tibialis Anterior Herniation, A Rare Clinical Entity: A Case Report and Review of the Literature</p> <p>胫前疝是一种罕见的临床表现: 病例报告及文献复习</p> <p>Azadeh Hakakzade (Islamic Republic of Iran/伊朗)</p>
1650	<p>Integrating Stomatognathic Screening into FIFA PCMA? What We Learned from a largescale: Study in Persian Gulf Pro League Elite Football Players</p> <p>将口腔病理筛查整合到 FIFA PCMA 中? 我们从波斯湾职业联赛精英足球球员的大规模研究中学到了什么。</p> <p>Bahar Hassanmirzaei (Islamic Republic of Iran/伊朗)</p>	16:50	<p>Post Traumatic Boutonniere Deformity</p> <p>创伤后钮孔畸形</p> <p>Roy Arya (India/印度)</p>
18:10	<p>*** End of the Day Session*** 正式会议第二天议程结束</p>		

Crystal Ballroom 水晶厅	
08:00	Registration 报道
09:00	Chairs: Mark Fulcher Pieter D'Hooghe Keynote 专题演讲 4: Tendinopathies – biological scaffolds for tendon and ligament augmentation 肌腱疾病-肌腱和韧带强化的生物支架 <i>Zheng Minghao (Australia/澳大利亚)</i>
09:30	Chairs: Lou Anmin Manil Fernando Lecture 讲座 11: Injury & Illness Surveillance in Asia 亚洲的伤害和疾病监测 <i>Karim Chamari (France/法国) Motassen Tabben (France/法国) Jan Ekstrand (Sweden/瑞典)</i>
10:00	Chairs: Alexis Weber Cyrille Mayoupa Lecture 讲座 12: Drugs in Sports – are we winning? 体育运动中的药物——我们赢了吗? <i>Martin Vaso (Switzerland/瑞士)</i>
10:30	Tea Break

Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Symposium 专题报告 15 Women & Youth 女性和青少年 Chairs: Celeste Geertsema Michiko Dohi		Symposium 专题报告 16 Assessment & Rehabilitation 评估与康复 Chairs: Paisal Chantarapitak Haruhito Aoki		Symposium 专题报告 17 Traditional Therapies in Sports 传统运动疗法 Chairs: Kate Yung / Hu Yuelin	
11:00	Training of female athlete post-delivery – RTP 女运动员产后训练- RTP <i>Michiko Dohi (Japan/日本)</i>	11:00	Surgical management and post-operative rehabilitation for lateral ankle fracture with tibiofibular syndesmosis and medial deltoid ligament injuries in football players 足球运动员踝关节外侧骨折伴胫腓骨联合及内三角韧带损伤的手术治疗及术后康复 <i>Hu Yuelin (China PR/中国)</i>	11:00	Management of Achilles tendon rupture using TCM 跟腱断裂的中医治疗 <i>Wu Zongde (China PR/中国)</i>
11:20	Prevalence and factors Associated with Pre-Competition Medical Assessment Cardiovascular Abnormalities amongst Professional Football Players in the UAE/阿联酋: A retrospective analysis 2013 - 2018 阿联酋职业足球运动员赛前心血管异常的患病率及相关因素:2013 - 2018 年回顾性分析 <i>Mourad Ghrairi (Tunisia/突尼斯)</i>	11:20	Update on prevention and treatment of ankle sprain in Footballers 足球运动员踝关节扭伤的预防和治疗进展 <i>Samuel KK Ling (Hong Kong/香港)</i>	11:20	Integrating Chinese Medicine & Physiotherapy technique in taking care Elite athletes 结合中医理疗技术, 护理优秀运动员 <i>Kate Yung (Hong Kong/香港)</i>
11:40	A comparative study of the effects of traditional aerobic, high intensity intermittent and resistance exercise on	11:40	Keys to improve our outcome in ACL reconstruction in professional football player	11:40	Clinical study examining the subjective pain responses occurring after an intervention of acupuncture

	the body shape of overweight and obese female college students 传统有氧、高强度间歇和抗阻力运动对肥胖女大学生身体形态影响的对比研究 <i>Peng Li 彭莉 (China PR/中国)</i>		提高职业足球运动员 ACL 重建效果的关键 <i>Alfred Khoury (Lebanon/黎巴嫩)</i>		& electroacupuncture in college football players 足球运动员针刺或电针后疼痛反应的研究 <i>Lou Anmin (China PR/中国)</i>
12:00	The effect of allicin on indexes of cardiac injuries and humoral immunity of young women football players after high intensity exercise 补充大蒜素对大强度运动后青少年女子足球运动员心肌损伤及体液免疫指标的影响 <i>Shui Xiaoping 税晓平 (China PR/中国)</i>	12:00	Return to play after ACL injury, what is the criteria? 前十字韧带受伤后重返赛场, 有什么标准? <i>Yin Kan Law "George" (Hong Kong/香港)</i>	12:00	Traditional Chinese medicine therapy for knee pain in football athletes 足球运动膝关节损伤的中医特色治疗 <i>Wang Xuefeng 王学锋 (China PR/中国)</i>
1220	Epidemiology of injuries at the AFC U-19 Women's QR 2018 2018 年亚足联 U-19 女子锦标赛损伤流行病学 <i>Reema Alhosani (UAE/阿联酋)</i>	1220	The stages of functional chronic ankle instability rehabilitation 功能性慢性踝关节不稳定康复阶段 <i>Chen Yaping (China PR/中国)</i>	12:20	Advantages and characteristics of TCM in football sports injury 中医药在足球运动创伤急救中的特色和优势 <i>Zhang Huiwu 张挥武 (China PR/中国)</i>
1240	Innovation & Technology in players monitoring 球员检测中的创新与技术 <i>George Nassis (Greece/希腊)</i>	1240	The Phased exercise rehabilitation strategy of Nonspecific Low Back Pain 非特异性腰痛的阶段性运动康复策略 <i>Liao Yuanpeng (China PR/中国)</i>	12:40	Application of the Characteristic Technology of Traditional Chinese Medicine in the Treatment of Football Injuries 中医特色技术在足球损伤治疗中的应用 <i>Jin Song (China PR/中国)</i>

1300	Lunch Break/Poster Presentation 午餐与壁报展示
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Crystal Ballroom 水晶厅 1		Crystal Ballroom 水晶厅 2		Crystal Ballroom 水晶厅 3	
Symposium 专题报告 18 Traumatology 创伤学 Chairs: Terlochan Singh / Mun Si Yun		Symposium 专题报告 19 Drugs in Sports/Supplements 运动中的药物/补充 Chairs: Anja Konig / Rachvind Sra		Symposium 专题报告 20 Traumatology 创伤学 Chairs: Lou Anmin / Qirong Wang	
14:00	Osteoarthritis in footballers - how to tackle it? 足球运动员的骨关节炎-如何治疗? <i>Shibu Varghese (India/印度)</i>	14:00	FIFA Strategic Testing (Pre-Games testing program) 国际足联战略测试(赛前测试计划) <i>Alexis Weber (Switzerland/瑞士)</i>	14:00	The Rehabilitative Investigation on Knee Neuromuscular Functions of Elite Athletes after ACL Reconstruction 前十字韧带重建后优秀运动员膝关节神经肌肉功能的康复研究 <i>Xu Jianwu (China PR/中国)</i>
14:20	Multi-ligament injuries in football player 足球运动员多韧带受伤 <i>Li Jian (China PR/中国)</i>	1420	Anti-doping in Chinese football 中国足球的反兴奋剂 <i>Chen Xiaoxiong (China PR/中国)</i>	1420	Arthroscopic surgery for gluteal muscle contracture 臀肌挛缩的关节镜下手术治疗

					杨晓 Yangxiao (China PR/中国)
14:40	Individualized rehabilitation for elite athletes after ACL reconstruction 精英运动员 ACL 重建后的个性化康复 Hue Yuelin (China PR/中国)	1440	Anti- doping work in HK Premier Professional Football league 香港超级职业足球联赛的反兴奋剂工作 Yin Kan Law "George" (Hong Kong/香港)	1440	Therapeutic Effect Observation of Percutaneous Spinal Endoscopy in the Treatment of Posterior Ring Apophysis Fracture 经皮脊柱内镜治疗腰椎椎体后缘 骺环离断症的疗效观察 楚福明 Chufuming (China PR/中国)
15:00	Bony and cartilaginous lesion in football 足球中的骨质和软骨损伤 George John (India/印度)	1500	Effects of nutritional quality education on Chinese Elite Soccer players 营养素质教育对我国优秀足球运动员的影响 Wang Qirong (China PR/中国)	1500	Management of Syndesmosis ligament injury 韧带损伤的处理 Liwei (China PR/中国)
15:20	Arthroscopic Interosseous Talocalcaneal Ligament Reconstruction 关节镜下骨间距骨韧带重建 Jiao Chen (China PR/中国)	1520	Review of Supplement Use in AFC Competitions Over 5 Years AFC 比赛中补充剂使用情况的 5 年回顾 Farrah Hani Imran (Malaysia/马来西亚)	1520	Discussion on the conservative treatment and the indications of operation of meniscus injury in football players 足球运动员半月板损伤的分期保守治疗与手术指标探讨 Guan Wen 关文 (China PR/中国)
15:40	Break				

Crystal Ballroom 水晶厅 1	
16:00	Chairs: Gurcharan Singh Michiko Dohi Lecture 讲座 13: Jet-Lag: evidence - based intervention 时差反应: 基于证据的干预 Alan Mccall (UK/英国)
16:30	Chairs: Hu Yuelin / Chen Shiyi Lecture 讲座 14: Stress Fracture of Navicular Bone in Athletes 前十字韧带重建后的恢复和重复赛场, 向中国奥运代表队学习 Li Guoping (China PR/中国)
17:00	Closing Ceremony 闭幕仪式